

Excuses, Excuses?

"An excuse is a skin of a reason stuffed with a lie." Billy Sunday

What excuses do you regularly make for yourself?

Sometimes there are real reasons we cannot do something; more often we have default patterns that stop us from participating.

How do these excuses serve you?

Usually excuses are there to protect us in some way, and we often genuinely believe them to be true. This is because we have made them part of our stories. They usually exist because we are scared of something or unclear about what we want or how to proceed.

Your potential is limited by the excuses you make for yourself!



Expect More...

What do you fear and how is this in your way?

Where might you need greater clarity to succeed?

What matters to you most?

These are usually the things you stand for, the lines you won't cross, the bigger reason you do what you do – beyond the direct result of your craft.

Success comes when you make what matters to you more important than your excuses



Expect More...